



SUGGESTED ITEMS TO BRING TO CAMP

Clothing:

- 1 sweatshirt or jacket
- 3-5 changes of clothes, including shorts & long pants
- 1-2 pajamas
- 3-5 pairs of socks
- tennis shoes
- flip flops or crocs for water activities, swimming, etc.
- sun visor or hat
- 1 bathing suit (one-piece girls)
- plastic bag for dirty laundry

Personal Hygiene:

- toothbrush & toothpaste
- comb/brush
- chap stick
- sunscreen
- bug spray

Other Items:

- 1 beach towel
- 1 bath towel
- 1 wash cloth
- sleeping bag or twin fitted sheet & blankets
- pillow
- sleeping comforts such as favorite blanket, stuffed animals, etc.
- flashlight

DO NOT BRING:

- radios/other music players
- electronic games
- cameras
- phones
- money

- **Make sure all luggage and belongings are clearly marked with your child's name.**
- **DO NOT pack medication in your child's luggage.** Medication will be checked in with the camp nurse upon arrival. Medication **MUST** be in the original container with instructions clearly indicated.